

“On behalf of the Sister Study team, I thank you for your interest in the environmental and genetic causes of breast cancer. The entire team appreciates your commitment to breast cancer research.

If you can't join, please consider becoming a volunteer and helping us reach out to other sisters in your community.

Please visit our Web site or call our toll-free number for tips and ideas about spreading the word.

Woman by woman. . .

Sister by sister. . .

We can make a difference!”



Dr. Dale Sandler, PhD  
Principal Investigator  
The Sister Study

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[www.sisterstudy.org](http://www.sisterstudy.org)

*en español:*

[www.estudiodehermanas.org](http://www.estudiodehermanas.org)

*English and Spanish:*

1-877-4SISTER (1-877-474-7837)

*Deaf / Hard of Hearing:*

1-866-TTY-4SIS (1-866-889-4747)

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*Conducted by:*

National Institute of Environmental Health Sciences,  
*one of the National Institutes of Health of the*  
U.S. Department of Health and Human Services

*Partnering Organizations:*



The Susan G. Komen Breast Cancer Foundation



You can help discover the causes of breast cancer



MAKE A DIFFERENCE.

Have you helped a sister, a friend, a loved one as she faced breast cancer? Do you wish you could do more to support her struggle...or to honor her life? Please consider joining the Sister Study or helping spread the word.



**The Sister Study** is conducted by the National Institute of Environmental Health Sciences, one of the National Institutes of Health. Fifty thousand women, ages 35–74, from all walks of life, will join this landmark research effort to find causes of breast cancer.

**Sisters share many things**—early experiences, environment, and genes. Studying women whose sisters had breast cancer is a great way to learn why some women get the disease, while others don't. The Sister Study will look at how things in our homes, workplaces, and communities may affect our chances of getting breast cancer.

The Sister Study is particularly committed to enrolling women in every state, and from all backgrounds, occupations, races and ethnicities, so that the study results represent and benefit all women. Also important are women ages 55–74, because the risk of breast cancer increases with age.

**You are eligible to join if —**

- ◆ Your sister (living or deceased), related to you by blood, had breast cancer
- ◆ You are between the ages of 35 and 74
- ◆ You have never had breast cancer yourself
- ◆ You live in the United States or Puerto Rico

## Participating in the Sister Study is easy.

It can be done at a time and place convenient for you.

1. In the first year, we will ask you about your life and family history, health and diet, jobs and environment. This will be done through phone interviews and questionnaires.
2. A trained female examiner will come to your home or another place of your choice to take some body measurements and a sample of your blood. She will also pick up samples of your urine, toenails, and housedust.
3. After that, the Sister Study will contact you just once a year, to update your address and health information.

The Sister Study follows sound, ethical research practices. Your responses will be kept confidential.

**Will you join the Sister Study for your daughters, nieces, granddaughters, and future generations?**